

**Saturday: November 6th 10am-4pm**

## COUNSELLING AND PALLIATIVE CARE

Presented by Rev Cheryl Holmes

\* Rev. Cheryl Holmes is the CEO of Healthcare Chaplaincy Council of Victoria (HCCV) and was ordained as an Anglican Deacon in St Paul's Cathedral Melbourne, Australia in 1995. She has extensive training and professional experience in healthcare and healthcare chaplaincy and pastoral care from both the lay and ordained perspectives.

\* Chronic and long term illness has major ramifications on the patient and on the family network, working as a counsellor with these groups, demands an apprehension of the physical and theological impact of illness.

\* Caring for Patients and Families,

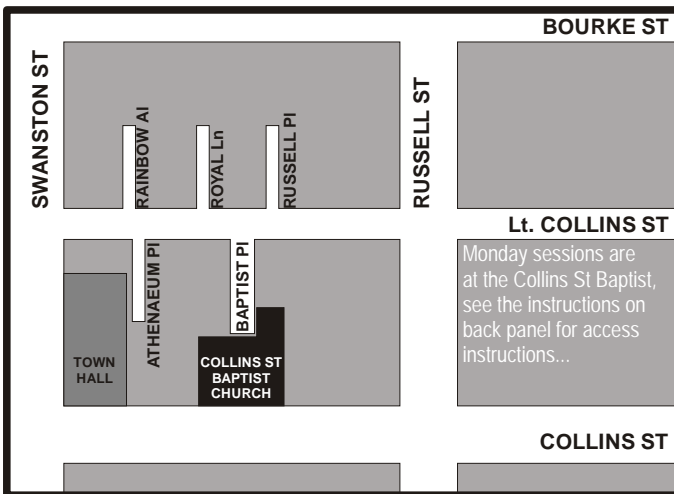
\* Preparing for grief/loss,

\* Psychological stages of palliative treatment.

**Location: Wendouree Ballarat**

**Cost:** Early Bird \$50 (by Nov 23, 2010)

Members \$60 Non-Members \$70



The Association of Personal Counsellors is a constituent member organisation of



Psychotherapy & Counselling Federation of Australia

Information

**FEES & CHARGES:** Fees for individual sessions are listed within this brochure. Early bird rates are available and a discounted rate for members of APC. This is also available to members of CCAV and VAFT to encourage counsellor networking.

**CANCELLATION:** Cancellation prior to the expiration of the early bird date will be refunded in full, after this date a \$10 administration fee will be deducted.

**ACCESS TO 174 COLLINS ST:** At the base of the steps you will find Rutherford's Pearl Shop. Come through that entry to the glass doors. On the right hand side on the wall is an intercom. Buzz for level 4, then we release the door pull the right hand door toward you. Walk down the corridor to the lift – come up to level 4. The function room is on the right as you exit the lift.

**ONLINE PAYMENT:** Payments may be made online to APC (Vic) by crediting the following account, please include your name and the date of the event in the description, and send an email to the secretary on the email address below advising of your deposit..

Bank:: Westpac Bank

Name:: Association of Personal Counsellors No. 2 account

BSB:: 032-596 A/c Number:: 21-5518

**CERTIFICATION:** Receipts and a certificate will be issued for each session, please retain as evidence of your annual professional development.

**FOR FURTHER INFORMATION:**

Sue Dangerfield: 0417 104 827 r\_s\_dangerfield@bigpond.com

Mike Skewes: skewacss@ncable.net.au.



Association of Personal Counsellors



Helping Christian Professionals

Regional and City Interaction

Professional Development

Professional Membership

Counsellor Networking

PACFA Accredited

2010

PROFESSIONAL DEVELOPMENT

**Monday: February 15th 10am-1pm**

## IMAGES OF GOD

Presented by Rev. Pam Kerr

? BA; DipEd; BD (Hons); Dip Pastoral Min; MMin, MEd.

\* An exploration of the images of God we know / hold.

\* A look at some of the Biblical images of God and a critique of these.

\* The implications of these images of God to pastoral care, especially when people have been abused in the church.

\* Reflecting on our images of God and how they affect and shape our healing process after abuse.

**Location:** Collins St. Baptist Church

**Cost:** Members \$20 Non-Members \$25

**Monday: April 12th 10am-1pm**

## MONITORING CLIENT PROGRESS

Facilitated by Denis Martin

Dennis (M.A., Grad. Cert., (Thel & Couns), D.D.A. (Agric)) is part of APC (Vic) and has extensive experience using Scott Miller's tools.

\* Using Outcome and Session Rating Scales to monitor client satisfaction and progress through sessions.

\* Simple questions and tools to become more client evidence based in and between sessions.

**Location:** Collins St. Baptist Church

**Cost:** Members \$20 Non-Members \$25

Payments for all workshops may be made by online payments (see back page), by cash on day or by cheque mailed prior or paid on the day .

We apologise in order to keep members cost at a reasonable level, EFTPOS and Credit card facilities are not available.

Early Bird rates only available on Saturday Sessions... register early and SAVE \$\$\$

Each PD panel will provide details of location and charges. We provide Tea, coffee and refreshments with each session. Lunch is normally provided on Saturday sessions.

**Saturday: May15th 10am-4pm**

## DUAL ROLES

Presented by

Dr Stephen Beaumont

MA(Theol); MTh; MCoun; MEd; Dmin

\* Based in Queensland, Stephen is Principal of Garden City College, a ministry arm of Garden City Christian Church. He lecturers in Pastoral Theology and Practice and has recently researched the issue of Dual Roles in both Pastoral and Counselling Paradigms.

\* Across helping professions "Dual Roles" may be troublesome, or they may be a valuable part of the therapeutic process, what needs to be guarded against, what needs to be avoided?

\* How do we define dual roles, how do we monitor and guard ourselves.

\* What are the legal, moral and ethical implications of these relationships?

\* For those of you within Church environments we would encourage you to invite your minister to assist them to understand the concerns around Dual Roles (for them and for you...) and to facilitate discussion between you.

**Location:** Croydon Hills Counselling Cntr  
6-8 Bemboka Rd

**Cost:** Early Bird \$50 (by May 1, 2010)  
Members \$60 Non-Members \$70

**Monday: June 21st 10am-1pm**

## MEASURING DEPRESSION

Facilitated by Brian Massey & Zoe Broomhead

Brian and Zoe are both experienced practitioners, formerly lecturers with Kingsley College and now with St Mark's they will present an overview of two common measurement tools used in counselling.

\* DASS (*Depression, Anxiety and Stress Scale*) An Australian tool which allows a differentiation between three similarly manifesting conditions to qualify the focus of counselling.

\* Beck Depression Inventory (BDI) as a useful psychodynamic assessment tool.

**Location:** Collins St. Baptist Church

**Cost:** Members \$20 Non-Members \$25

**Saturday: August 7th 10am-4pm**

## SEXUAL ABUSE : Perspectives of Difference

Facilitator-

Mike Skewes

Dip.Min; B.A. Min. (Couns); CMAPC; PACFAreg.

Towards an understanding of the journey for "Adult Survivors of Child Sexual Abuse"

A client speaks up

A therapist confronted

A client becomes therapist

Sexual abuse has been destroying relationships since the beginning of time, and along with it the diversity and growing confusion around what treatment works best, has divided professional communities as well. This seminar will be straight from the victims' mouths.

First hand accounts of their journeys, their struggles, their victories and their frustrations.

This seminar is designed for maximum impact, emotional and psychological understanding, spiritual insight and hope for therapists.

**Location:** Werribee Baptist Church

Cnr Heaths & Derrimut Rds Werribee

**Cost:** Early Bird \$50 (by July 18, 2010)  
Members \$60 Non-Members \$70

**Monday: Sept. 13th 10am-1pm**

## FAMILY SYSTEMS

Facilitated by Mavis Thompson

Mavis Thompson (B.A.; M.A.; M.Couns; Clinical VAFT)

\* As a clinical member of the Victorian Association of Family Therapists, Mavis will provide an overview of Family systems theory, a timely reminder for those who work in couples or family counselling, .

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**Location:** Collins St. Baptist Church

**Cost:** Members \$20 Non-Members \$25